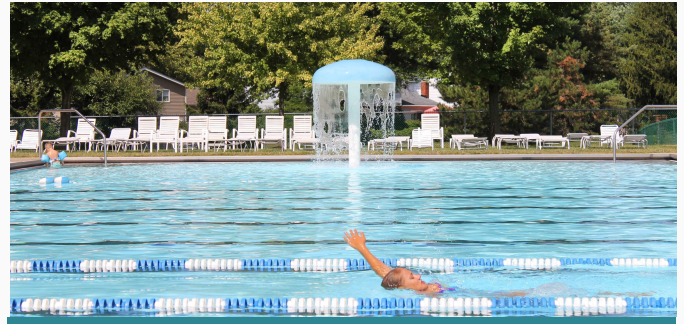


# 2021 Gahanna Swimming Pool Aquatics Handbook



Gahanna Swimming Pool | 148 Parkland Dr. | 614-342-4272



Hunter's Ridge Swimming Pool | 341 Harrow Blvd. | 614-342-4262

## WELCOME BACK TO GSP & HRP POOLS

Every year brings change, but 2020 brought changes beyond our wildest expectations. Despite unprecedented challenges, Gahanna Parks & Rec continues its mission to provide parks, trails, and recreational opportunities so that residents and visitors can be healthy and well while exploring and learning in our community.

This year, our aquatic staff will be implementing protocols unique to each pool's operations while maintaining full compliance with CDC and State directives. Guidelines pertaining to capacity, session length, social distancing, face covering, sanitizing and COVID-19 testing have been put in place to safely serve the community. Restroom renovations, plexiglass shields in high traffic areas, and new sanitizer dispensers are just some of the facility upgrades we've implemented to assure our patrons that safety is our priority.

This handbook will help provide 2021 pool information including operating hours, swim test requirements, swim lesson and swim team opportunities, COVID-19 protocols, and pool rules and policies. If you have any questions, please contact us at 614-342-4250.

We are excited to welcome you back to Gahanna Swimming Pools for the 2021 Season!

*Cole Hetman, Recreation Supervisor*

2021 Summer Hours (May 29-Aug 10)	Hunter's Ridge Pool	Gahanna Swimming Pool
Monday-Friday	11:45-3:45 pm / 4:30-8:30 pm	11:45-3:45 pm / 4:30-8:30 pm
Saturday-Sunday	11 am-2 pm / 2:15-5:15 pm / 5:30-8:30 pm	11 am-2 pm / 2:15-5:15 pm / 5:30-8:30 pm
August 11	-----	Closed for the season
September 7	Closed for the season	-----
Back to School Hours Aug 14-15/ 21-22 Aug. 28-19/Sept. 4-6	11 am-3 pm / 3:15-7:15 pm	-----

**Due to pool capacity restrictions, reservations must be made online per time block.**



# Pool Rules

## General



- Only Coast Guard-approved personal flotation devices (PFDs) allowed. Backpack floats and water wings without chest strap are not permitted.
- Adults must be in the water within arm's reach of children who are using flotation devices.
- Mermaid tails are not permitted.
- Rafts and large flotation devices will be permitted at the discretion of the aquatics staff. Only balls made for use in the water are permitted. Footballs, volleyballs, basketballs and tennis balls are all prohibited in the water.
- Do not sit, hang or play on pool ladders, lane lines, diving boards or starting blocks.
- Non-swimmers of any age are not permitted in the deep water areas of the pool.
- No food or drink is permitted on the pool deck or in the water.
- No outside private swim lessons or coaching is permitted by members or guests unless they have been pre-approved by the City of Gahanna.
- Lawn furniture may not be used on the pool decks.
- It is the lifeguard's responsibility to determine what is safe; any guidelines deemed necessary for the safety and comfort of all patrons will be enforced. Aquatic Staff have the authority to enforce all rules. Patrons who repeatedly violate the rules will be asked to leave the facility

## Attire



- All users must wear appropriate full coverage swimwear (Lycra, spandex, or nylon) when entering the pool area. Please remember to respect others and wear swimsuits that are appropriate for a family environment.
- No street clothes can be worn in the water. This includes cut-offs, gym shorts, t-shirts, bras and underwear.

## Children



- Adults must be in the water, within an arm's reach of children (age 5 years and under), at all times.
- Individuals must be 12 or older to enter either facility alone. Those under 12 must be under the supervision of a parent/guardian or registered provider.
- Swimmers under age 12, and those showing difficulty swimming, must pass a swim test before swimming in deep water. Lifeguards have the right to ask anyone to take a swim test at any time if they believe that individual is struggling to make it back to the ladder.
- Safety breaks are called 15 minutes before each hour. Adults may swim and children 3 years and younger may swim with a parent or adult guardian within arm's reach at this time. Youth ages 4-17 must exit the water.
- Swim diapers are required for children who are not toilet trained. Swim diapers are available at the front desk for purchase. Regular diapers are prohibited in the pool.
- Change diapers only in the restrooms.

### HUNTER'S RIDGE POOL & WADING AREA

- Reserved for children under 5 years and their guardians.
- Children must be accompanied by an adult

## Diving



- No diving involving a swimmer's head rotating toward the board (gainers, inwards, backwards jumps or any other dive deemed dangerous by the Aquatics staff).
- Only one person on diving board at a time. • Make sure the diving area is clear before jumping into the pool.
- Participants must exit the area quickly to allow for the next diver.
- Assistance of any kind will not be permitted. No "catching".
- No flotation devices, goggles, loose clothing and glasses on diving boards.
- Follow all the lifeguard's instructions.
- Free swimming is allowed in the deep end only with the approval of the lifeguard and when diving board is not in use.
- To ensure the safety of our members, all swimmers, under age 12, are required to take a swim test if they wish to use the diving board or deep areas of the pool.



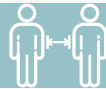
# Pool Rules

## Slide



- You must be at least 48" tall to go down the slide.
- Only one person may use the slide at a time.
- You must go down the slide feet first on your back/bottom.
- Participants must exit the area quickly to allow for the next slide user.
- Flotation devices, goggles, loose clothing and glasses are prohibited for use on the slide.
- Follow all of the lifeguard's instructions.

## COVID-19 Policy



- Capacity restrictions will be in place for each facility
- Reservations must be made.
- Members have 48 hours in advance and non-members have 4 hours in advance to reserve a time slot.
- Reservations must be made ONLINE ONLY.
- Seating areas will be assigned, and there will be designated lawn chairs set up within properly distanced spaces.

## Health & Safety



- Patrons shall not behave in a manner that jeopardizes the safety and health of themselves and others.
- Users with open wounds or infectious diseases are not allowed in the pool.
- Purposeful hyperventilation and/or breath-holding is prohibited.
- Running, spitting, rough play, pushing, jumping haphazardly, snapping of towels and abusive or profane language are prohibited.
- The following items and behaviors are not permitted in the swimming pool: smoking, alcoholic beverages, illegal substances, glass containers of any type, firearms and water balloons.
- All coolers are subject to search.
- Any person who has had diarrhea in the last 2 weeks is not permitted to use the pool.
- Life Jackets. We encourage the use of life jackets for non-swimmers who are swimming with a responsible adult.

## Weather Policy

**RAIN AND THUNDERSTORMS:** The pools will remain open unless thunder is heard or lightning is seen. If either are noted, the pools and decks will be cleared with a 30-minute break from the last thunder or lightning. In addition, if heavy rain causes poor visibility, we will close the pool until it slows or stops and staff can safely guard the pools.

**TORNADO WATCH:** Aquatic staff will notify patrons should a tornado watch take effect (i.e., conditions are favorable for a tornado.)

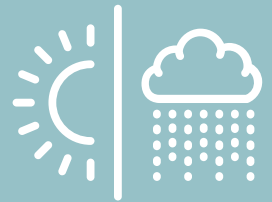
**TORNADO WARNING:** The Aquatic staff will notify patrons should a tornado warning take effect. During a tornado warning, patrons and staff will seek shelter in the restrooms.

### DELAYED OPENINGS:

If the temperature is below 70° or we are experiencing storms, both sites will remain closed.

At 3pm we will re-evaluate for a 4pm opening of either one or both sites.

If storms are forecasted to continue throughout the day, or temperatures do not rise, both sites will remain closed. Notification will be made on our website and our social media outlets for all pool closures including: weather, special events, and unscheduled maintenance.



# Less than 70° = Pool CLOSED



# Swim Lessons & Swim Teams

## For Your Safety: Swim Tests

To ensure the safety of our members and guests, all swimmers, ages 12 and under, will be required to take a swim test if they wish to use the diving board, or swim in the deep areas of the swimming pool. Any child who does not take or pass the swim test will be restricted from deep water but may still gain access to the shallow areas of the pool.

### Swim Test Requirements

Each swimmer wishing to gain access to the entire pool area must complete the following test:

- Swim 50 yards without stopping in good form on their front side beginning in the shallow end of the pool. Swimmers face must go in the water. No doggie paddle.
- Jump into water over his or her head, return to the surface, and tread water for 45 seconds in a vertical position with his or her whole head above water.

If a child successfully passes both components of the test, they will be given a wrist band. Wrist bands must be worn to access the restricted pool areas. New wrist bands may be obtained daily at the front desk from an Aquatic Staff member. Successful completion of the test will be noted on the member's accounts. (2 Attempts max per visit to pass the swim test, one hour apart at least.)

### Swim Lessons

The City of Gahanna will be providing swim lessons through the American Red Cross. Lessons are held at both Hunters Ridge Pool and the Gahanna Swimming Pool. Participants will be evaluated on the first day of class. Lessons are offered in one [1] week sessions Monday through Thursday. Weather Policy, Registration Information, Fees, and Class Listings can be found online.

### DIVE TEAM INFORMATION

Registration & questions to Jill McInerney at [jilllauer@gmail.com](mailto:jilllauer@gmail.com)

## For Your Health: Crypto Basics

Crypto Basics Cryptosporidiosis (Crypto) is a germ that causes diarrhea and is found in fecal matter of an infected person. Crypto can be spread by either human-to-human contact or by swallowing water that has Crypto. Even pools that meet or exceed all the required treatment levels can be contaminated by someone who is infected. Symptoms may include: watery diarrhea, nausea and vomiting, abdominal pain and cramping, dehydration, weight loss and fever.

### To Prevent Crypto:

- Do not swim if you have had diarrhea. Do not swim for two weeks after you recover, as you may be a carrier of the disease.
- Do not urinate or defecate in the water.
- Take a shower or bath before going in the water.
- Wash hands with soap and water after using the bathroom, changing diapers and before eating.
- Change diapers in the bathroom and not by the pool.
- Take kids on frequent bathroom breaks and check diapers often.
- Don't swallow any water and keep it out of your mouth.

### Summer League Swim Teams

Refine swim strokes learned in lessons, work on competitive swimming skills and enjoy the friendly, supportive atmosphere of a recreational summer team!

Participants 11 and older must swim 25 yards freestyle and 25 yards backstroke. Participants 10 and younger must swim 25 yards freestyle and a 25 yard kick drill. Paperwork and payment must be received prior to participating in practice sessions. Check online for full details on requirements and information regarding new operational policies.

Registration & questions to Hannah Zeltman at [hzeltman15@gmail.com](mailto:hzeltman15@gmail.com)